

Presented by Krystle tenBrink & Michalina Hunter

# The beginning



Foodie Forums 2010-2013. Facilitated by Vancouver Coastal Health Community Developer

Food Charter Adopted by District of Squamish in 2015

Food Policy Council formed in November 2015

FPC is under Squamish Climate Action Network (CAN) for finances and staff, but is its own entity that is focussed on policy.

### **Squamish CAN's Food Work**

Seed Library, Seedy Sunday, Free Seed Saving Workshops

Mamquam Edible Schoolyard Project



3 Community Gardens Free Gardening Workshops

Food Education Series: Free food skills workshops







Farm to Table Fundraiser Dinner





### **Squamish Food Policy Council**



Comprised of community members from various food related sectors (individuals, non-profit, and for-profit)

Funded by the Real Estate Foundation of BC, Community Food Action Initiatives through Vancouver Coastal Health, the District of Squamish, and in-kind support from the Ministry of Agriculture, BC Food Systems Network, and District of Squamish.











BC Food Systems Network

### **Mission**



### **SQUAMISH FOOD CHARTER**











Food Security exists when ALL members of the local communities have access to enough nutritious, safe, ecologically sustainable, and culturally appropriate food at all times.

That ALL members of Squamish have access to enough nutritious, safe, ecologically sustainable, and culturally appropriate food at all times.

Strong food policy→ sustainable food supply→ healthy community

# Purpose



Function as a bridge between citizens and civic officials to advance municipal food policy

Meet regularly to affect policy, learn from speakers, educate residents, stimulate dialogue, initiate projects and partnerships, and have a good time while doing it!

May advise and make recommendations to District of Squamish Council, Mayor, and staff on food issues

Play me!

### **Format**



### **Category 3: Hybrid Model with Indirect Links to Government**

Blend of civic society organizations and government (Kamloops vs Vancouver)

Linkages to government through departments and staff (not a committee of council)

#### **Benefits**

Diverse funding sources

Regional and national support

Flexible agenda (vs a committee of council)

# Membership



- FPC has 11 voting members, and 2 liaisons (1 from DOS, 1 from VCH)
- Liaisons do not vote, but connect the FPC to their respective organizations
- Liaisons are appointed to attend FPC meetings by their respective organizations

### **Current Priorities**



- 1. Vision, Policy, and Bylaws: Provide feedback on OCP, policy statements, bylaws, etc.
- 2. Developing Agriculture: Support existing and new farmers. Preserve agricultural land.
- 3. Infrastructure: Expand infrastructure to support food
- 4. Education: Support food education and skill sharing
- **5. Food waste:** Reduce food waste in all areas of the food system
- **6.** Raise public awareness about relative programs and issues of interest
- **7. Share our experience** with others in the region and BC

### What have we been working on so far?



Host public "Deep Dive" sessions to gather input

Co-write food policy for OCP

Rolling out food policies

Strategizing the next 1-3 years



### **Three Ad Hoc Committees**



- 1. Agriculture and Production Supporting food producers, ALUI, Ag plan
- 2. Food Waste and Recovery Composting, waste diversion, packaging, Food Bank donations, etc.
- 3. Health and Food Insecurity Poverty, living wage, healthy eating



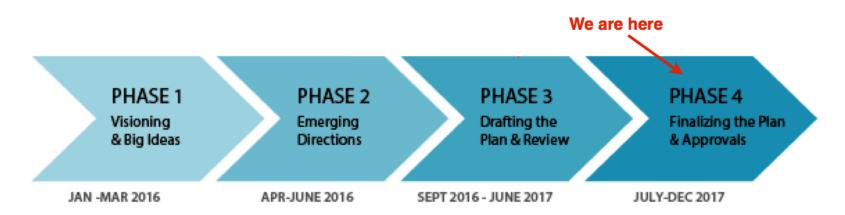




# Official Community Plan



- Food was mentioned twice in old OCP, new one has 7 pages!
- Community release of draft is December 1



### **Agriculture & Food Production**



### **Our Work With BC Ministry of Agriculture**

Kim Sutherland, our regional agrologist, visited us in November 2016 to see the status of farming in Squamish.

We toured 3 of Nutrient Dense Farm's growing sites.

Kim presented on Agriculture in BC and Squamish, and made recommendations for next steps

# Regional and Local Agriculture Perspectives



Regional: Farming is strong, innovative, and lucrative in Metro Vancouver and Fraser Valley Regional District

- There is a strong market for local food that is here to stay
- There are many people who want to start farming for local markets

**Challenges**: shortage for land & development pressure = high land cost

### Squamish and surrounding area:

2700 ha of ALR (not including First Nations land) (630 ha in DOS)

Close to strong local and Vancouver markets

Good climate, soils, access to water, lifestyle amenities that new farmers want

### Benefits of Agriculture in a Community



#### **Economic Benefits**

Steady positive economic impact to local economy

Farms provide a net tax benefit to local gov'ts, <u>provide</u> <u>more in taxes than they cost in services</u>

Diversifies economic base of local economy, and is steady, recession-proof

Much investment into the sector from established and new farmers

Generates jobs (45,000 people in BC)<sup>1</sup>

#### **Health Benefits**

Greater availability of locally grown produce may increase their consumption<sup>2</sup>

Availability of culturally appropriate and indigenous foods are important healthy food choices<sup>2</sup>

Agricultural self-sufficiency supports healthy eating<sup>2</sup>

<sup>1.</sup> Statistics Canada, Census of Agriculture, 2011

<sup>2.</sup> Powell, L., Newman, L., Kurrein, M. Agriculture's Connection to Health: A summary of the evidence relevant to British Columbia. (Provincial Health Services Authority). 2016. Available from http://www.phsa.ca/population-public health-site/Documents/AgConnectiontoHealth-FullReport April 2016.pdf





- 1. Agriculture Land Use Inventory: An inventory of land use and activity in Squamish and area
- 2. Agriculture Area Plan: A strategy to support agriculture in Squamish and area
- **3. Workshops/Other support:** Ministry funds any workshop we would like to offer in Squamish, e.g. land leasing. (Squamish CAN would organize)

# Agriculture Land Use Invento In Progress

Creates a map of crops, irrigation, livestock, agriculture practices

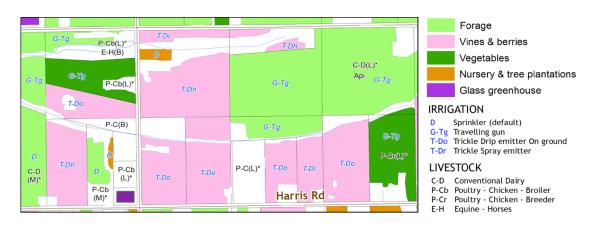
Useful to inform land use decisions, resource management, emergency planning & response

Ministry puts it together.

What is required?

SLRD and DoS share costs for

staff and driver time.



# Agriculture Area Plan



#### What is it?

A document for government and farmers.

Examines issues and opportunities, eg residential use on ALR, market opportunities, flood hazard/dyking

Partner with SLRD Area D, interested First Nations.

Many communities have them, eg Sunshine Coast RD, SLRD/Lillooet/St'at'imc First Nation, Metro Van...

**Process?** ALUI is done first. Form a committee, hire a consultant.

**Next steps?** Initiate discussion with SLRD and First Nations to partner

# **Food Asset Map**

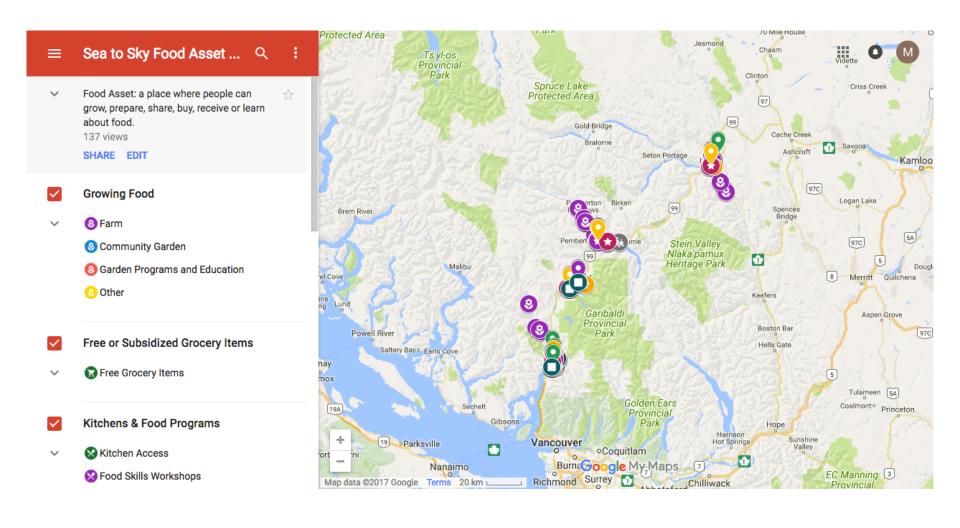


What is it?

An interactive map of places where people can grow, prepare, share, buy, receive, or learn about food.

**Process?** Two Quest University students created map using a mix of online research, phone calls, and limited ground truthing

**Next steps?** Release draft for feedback and make edits



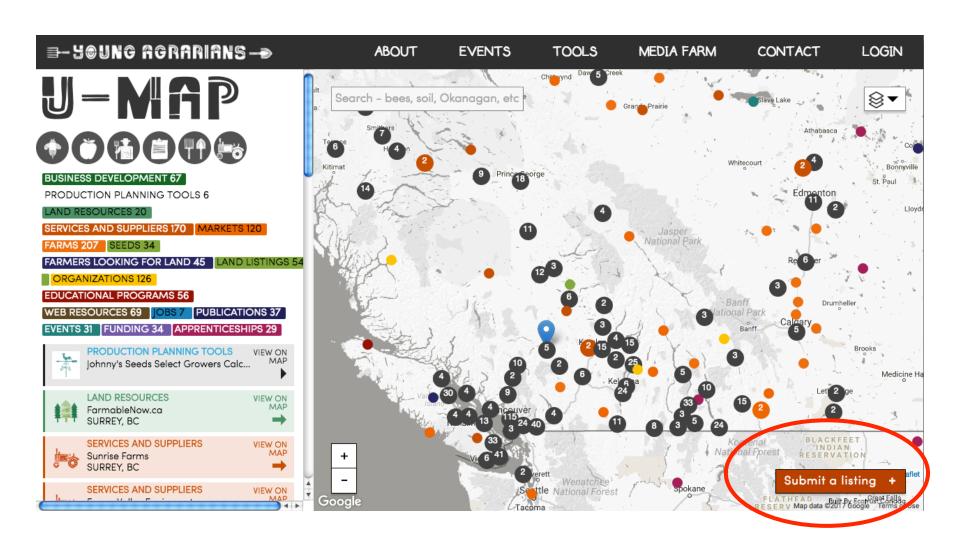
# Young Agrarians UMAP



**What is it?** An interactive map of resources for young farmers. Includes networking opportunities, education, business resources, jobs and training, land, markets, supplies, etc.

**Process?** People must add their own businesses/resource listings

**Next steps?** Add a listing and encourage others too!





# Food Insecurity & Food Security

Household food insecurity is defined as "the inadequate or insecure access to adequate food due to financial constraints"

Food security has been defined as "a situation in which all community residents can obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes self-reliance and social justice"



### Household FOOD INSECURITY



### **INTRODUCTION**

Household food insecurity is when a household worries about or lacks the financial means to buy healthy, safe, personally acceptable food.

Evidence shows that food insecure families struggle to afford a healthy diet and experience greater health and social challenges compared to people who are food secure.



#### **VANCOUVER COASTAL HEALTH**

**KEY FINDINGS** 

**RATES OF FOOD INSECURITY** 



**10%** 

of households in Vancouver Coastal Health experience food insecurity

#### **BRITISH COLUMBIA**

#### **KEY FINDINGS**

#### **CHARACTERISTICS OF FOOD INSECURE HOUSEHOLDS**



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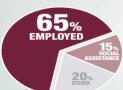
1 in 10 HOUSEHOLDS (12%) experience food insecurity

1 in 6 CHILDREN

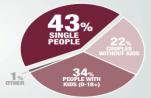
live in food insecure households

#### OF ALL FOOD INSECURE HOUSEHOLDS IN BC:

#### The majority are employed



The majority are single people



#### HOUSEHOLD COMPOSITION & RATES OF FOOD INSECURITY



couples with kids (under 18)



rates of food insecurity

single mothers with kids (under 18)

### From Dietitians of Canada





Prevalence, Severity and Impact of Household Food Insecurity: A Serious Public Health Issue

Background Paper Dietitians of Canada

August 2016

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### **Conclusion:**

Since the root cause of household food insecurity is inadequate and/or insecure income, solutions must be income based. *Only with sufficient income can a household have consistent access to food.* 

# Living Wage & Other

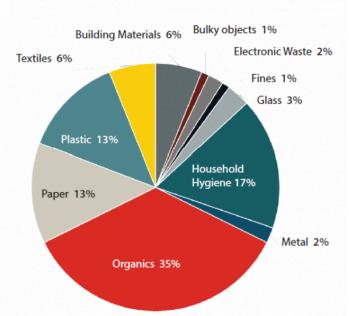


- We are hosting a living wage panel discussion for our next meeting
- Advocate to Minister of Poverty Reduction and others
- Make this an issue in our upcoming local elections?
- Start an incentive program for local businesses? Eg "Living Wage Certified Employer" stickers?
- What else can we do as a FPC on this issue?

# **Food Waste and Recovery**







Waste Audit 2016: Garbage

- New waste bylaw rolling out: no compostables or recyclables allowed in landfill
- Educating restaurant and grocery store owners how to do it
- Opportunity to sort and funnel usable food to Food Bank and Helping Hands

# In Summary



### What we asked for in February 2017

- 1. A staff is appointed as the official liaison to the Squamish Food Policy Council
- 2. Council (and other staff) liaise with the Squamish Food Policy Council
- 3. Agriculture Land Use Inventory commitment (2017)
- **4. Agriculture Area Plan** commitment (Investment Agriculture Foundation 2018)
- 5. Agriculture Workshop promotion
- 6. **Annual update** from the Squamish Food Policy Council

### **Summary for our presentation to DOS in November 2017**

- 1. Providing an update on the ALUI & report (if done)
- 2. Confirmation for financial allocation for 2018 ag plan (IAF- 2018)
- 3. Agriculture Workshop promotion (January 2018)
- **4.** Food and Farm Land Trust Education (contribution to systemic change)
- 5. SLRD Regional Growth Strategy (how can we help)
- **6.** Participation in Regional Food Systems Planning (Whistler Centre for Sustainability)
- 7. BCFSN Coaching Opportunity
- 8. Living Wage